

Course analysis (course evaluation)

Course code 1QA096	Course title Grundläggande Näringsfysiologi (online course)	Credits 7.5 credits
Semester Spring 2024	Tidsperiod 2024-01-15 - 2024-06-02	
Course coordinator Eric Poortvliet (EP)		Examiner Magdalena Rosell
Teacher in charge of component EP		Other participating teachers Pre-recorded lectures only
Number of registered students during the three week check: 34	Number approved on the last course date 11	Response frequency course valuation survey 58%
Other methods for student influence (in addition to concluding course evaluation)		
Feedback reporting of the course evaluation results to the students Course evaluation available on Canvas and KI open web-page		

1. Description of any conducted changes since the previous course occasion based on the views of former students:

- Update of weblinks in handouts and discussion documents
- New recording for nutrient recommendations to reflect to new NNR 2023

2. Brief summary of the students' evaluations of the course

Responses were received for 15 out of 26 students (58%).

In general, the overall opinion of the course was very positive, the average grade for all 10 quantitative questions combined was 4.3 out of 5, ranging from 3.9 to 4.5. The highest grades were given for these questions:

- Jag har kunnat hitta den information jag tyckt mig behöva innan och under kursen (4.5)
- Jag tror att jag kommer att ha nytta av det jag lärt mig efter utbildningen (4.5)
- Jag uppfattar att lärarna varit tillmötesgående under kursens gång för idéer och synpunkter på kursens utformning och innehåll (4.5)

The majority of the students (80%) reported to be satisfied (33%) or very satisfied (47%) with the **course overall** and the course was considered to be well-structured (40%) or very well-structured (47%) with a clear 'red thread' throughout the course (95% with mean evaluation 4.4)

The majority of the students (80%) stated that they had developed valuable expertise/skills to a large or very large extent and all students (100%) judged themselves to have met all teaching objectives

In summary, students evaluated this as a well-structured course, with a clear red thread, and meeting all the teaching objectives. Free-text comments clearly included the need for an update for some of the older lectures and an update of the scientific articles for the discussion documents in the group assignments.

3. The course coordinator's reflections on the implementation and results of the course

Strengths of the course: a structured course with positive to very positive feedback on almost all of the aspects. The students reported that they had met the teaching objectives and found the content to be relevant to very relevant for the promotion of scientific thinking and reasoning and all students reported that they had developed valuable skills during the course.

Other views:

4. Course coordinator's conclusions and any suggestions for changes

Changes for VT25

Major updates will include:

New recordings for the videos on the digestive system, macronutrients and energy metabolism
New scientific articles for many of the discussion documents