

# Idrotten kommer i första hand, hörseln i andra. — en intervju-studie, om hur hörselskadade lagidrottare upplever sitt handikapp. Elin Rosander 2006

## Sammanfattning

Syftet med denna studie var att beskriva hur lagidrottande hörselskadade upplever att idrotta tillsammans med normalhörande. Fem hörselskadade lagidrottare intervjuades. Dessa personer var mellan 17 och 38 år gamla och idrottar inom fotboll och ishockey. Resultaten från denna studie visar att idrottsidentiteten som skapas hos dessa personer stärker deras självförtroende. Gruppsammanhållningen som skapas i lagidrotter hjälper de hörselskadade att bli tryggare i sig själva och sitt handikapp. Några av de intervjuade ansåg att många normalhörande tar för givet att det ska vara svårt för den hörselskadade att idrotta tillsammans med normalhörande, medan de hörselskadade själva inte reflekterar över det. De hörselskadade funderar inte så mycket kring vad som kan vara svårt eller inte. Resultatet av denna studie visade att samtliga som har intervjuats anser att gemenskapen i gruppaktiviteter förbättrar deras självförtroende. Slutsatsen i denna studie är att de hörselskadade som idrottar tillsammans med normalhörande blir starkare i sig själva. De skapar sig en identitet som stärker dem i deras sociala samvaro.

## Sport activities are prioritized over their hearing – an interview study on how hearing-impaired athletes experience their handicap.

### Abstract

The purpose of this essay is to describe how hearing-impaired athletes experience sport activities in a team environment with people of normal hearing. A qualitative method was used and five hearing impaired athletes were interviewed. These athletes are all involved in the sport activities soccer and ice hockey, and are located in different parts of Sweden. All the athletes interviewed are between the ages of 17 and 38. The results show that the identity created by these sport activities did strengthen the participants' self-confidence a lot. The camaraderie and sense of unity and belonging to the group, which is created in team sport activities help these hearing-impaired athletes become more secure in themselves and with their handicap. A majority of the people interviewed explained that their self-confidence was strengthened by the fact that they could identify themselves as athletes and not only as hearing-impaired persons. Some of them explained that many with normal hearing assume that it is difficult for the hearing-impaired to participate in team sports with those of normal hearing. However, the hearing-impaired athletes themselves do not normally think about their handicap when involved in team sports. The conclusion of this essay is that hearing-impaired athletes who are involved in team sports with people of normal hearing become stronger, i.e. more

self-confident. They create an identity as an athlete that strengthens their social relations.